



# HNF CAREGIVING CONFERENCE 2023 CREATING A SUSTAINABLE CAREGIVING COMMUNITY

6 October 2023
8.30am - 5.00pm
Suntec Singapore Convention &
Exhibition Centre (Rooms 331-332) Or Virtual

Caregiving-related Needs, and the Importance of Social Support for Family Caregivers

Unfolding Love — My Caregiver's Journey with Mum's Dementia Community Practices on
Empowering
Family Caregivers to Create
Positive Caregiving
Experience



Dr Rahul Malhotra

Deputy Director and Head of
Research, Centre for Ageing
Research and Education (CARE),
Duke-NUS Medical School



Mr Samuel Ng
Founder and Chief Executive Officer,
Montfort Care



Ms Wang Jing

Assistant Director, Clinical Affairs,
Tsao Foundation

#### Panel Discussion: My Journey as a Caregiver

Gain direct insights into the challenges and perspectives of caregivers from diverse backgrounds.

Moderated by

#### Dr Ng Wai Chong

Medical Director, Home Nursing Foundation

### Mr Chiang Yuor Poh

Caregiver

#### Mr Samuel Ng

Founder and Chief Executive Officer,
Montfort Care

#### **Dr Wilson Chong**

Caregiver and Home Medical Doctor, Home Nursing Foundation

#### Ms Mohini Therapalli

Nurse Trainer, Active Global Specialised Caregivers Singapore

> Ms Dorrin Koh Caregiver



## A CONFERENCE FOR PRACTITIONERS AND CAREGIVERS

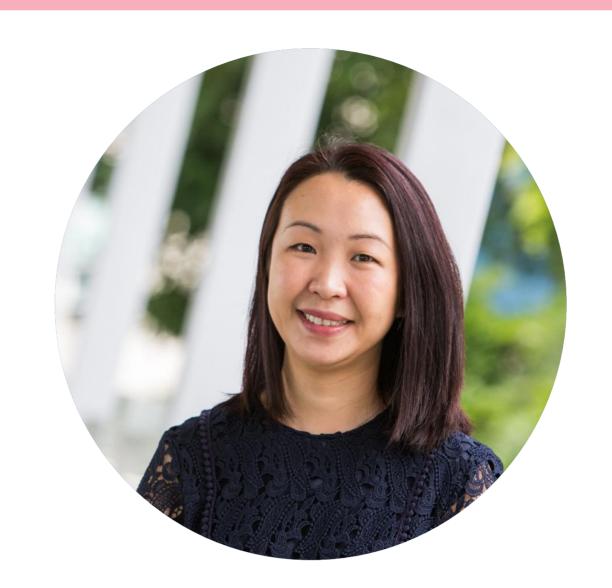
HNF Carers' Hub Portal

#WeSeeYouCare

Insights into Caregiving
Transitions: Towards
Positive Caregiving
Experiences and Resilience



Mr Brandon Ow Yong
Head of Social Work,
Home Nursing Foundation



Ms Carol Yeung
Senior Assistant Director
Caregiving and Community Mental
Health Division,
Agency for Integrated Care



Ms Susana Harding
Senior Director,
International Longevity Centre
Singapore,
Tsao Foundation

The 'Good' Caregiver:

Does Filial Care

Necessitate

Self-sacrifice?



Dr Ad Maulod
Senior Research Fellow, Centre for Ageing
Research and Education (CARE),
Duke-NUS Medical School

Self Care - An Option or a Right?



Ms Tan Ching Yee
Head, Psychosocial Services,
HCA Hospice Care

Panel Discussion: Needs of Caregivers and Services Available

Moderated by

**Mr Brandon Ow Yong** 

Head of Social Work, Home Nursing Foundation

> Ms Tan Ching Yee Head, Psychosocial

Services, HCA Hospice Care

Ms Carol Yeung

Senior Assistant Director Caregiving and Community Mental Health Division,

Agency for Integrated Care

Dr Ad Maulod

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Centre for Ageing Research and
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Duke-NUS Medical School

Ms Susana Harding

Senior Director,
International Longevity Centre
Singapore,
Tsao Foundation

**Ms Yvonne Tay** 

Senior Medical Social Worker, Home Nursing Foundation